



MALTESE RECORDS

Regulations for Ratification

General Conditions

1. The Record shall be made in competition which has been duly arranged, advertised and authorised by the Malta Amateur Athletic Association and / or an IAAF Member Federation three days before the event and which has been conducted under the IAAF Competition Rules and / or as approved by the Malta Amateur Athletic Association.
2. A performance which is ratified by the IAAF or the EA as a National Record is automatically recognized.
3. The athlete achieving the Record must have been eligible to compete under the IAAF Competition Rules and / or as approved by the Malta Amateur Athletic Association.
4. When a Record is set, the Club of whom the athlete is a member shall fill in and submit an application for a record on the official application form. The official application form shall be completed and dispatched to the General Secretary of the Malta Amateur Athletic Association within thirty days. The Form will be available on the Association's website. This shall also apply to records set abroad.
5. No performance shall be regarded as a Record until it has been ratified by the Malta Amateur Athletic Association.
6. The following categories of Records are accepted by the Malta Amateur Athletic Association:
 - (a) National Records;
 - (b) Under 23 Records;
 - (c) Under 20 Records;
 - (d) Under 18 Records;
 - (d) Indoor Records;
 - (e) Under 20 Indoor Records.
7. The age category rules will be as follows:
 - Under-18 (u18) Boys and girls: Any athlete of 16 or 17 years on 31st December in the year of the competition
 - Under-20 (u20) Men and women: Any athlete of 18 or 19 years on 31st December in the year of the competition.
 - Under-23 (u20) Men and women: Any athlete of 20, 21 or 22 years on 31st December in the year of the competition.

If a performance of an athlete in a lower age group is better than a performance in a higher age-group, the athlete in the lower age group will be allowed to hold the record in the different age-groups.
8. For local competitions the IAAF stipulation on the number of athletes or teams per event will be waived. Except for field events as provided in rule 147 (Mixed Competition), no performance set by an athlete will be ratified if it has been accomplished during a mixed competition.
9. The Record shall be better than or equal to the existing Record for that event, as accepted by the Malta Amateur Athletic Association. If a Record is equaled it shall have the same status as the original Record.

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10. Records made in preliminary rounds, in deciding ties, in any event which is subsequently decreed void under the provisions of IAAF Competition Rule 125.6 and Rules 146.4(a) & (b) or in individual events in Combined Events competitions, regardless of whether or not the athlete completes the whole Combined Events competition, may be submitted for ratification.
11. The MAAA Council is responsible for the management and sanction of Maltese records.
12. When a Record has been ratified, the Malta Amateur Athletic Association will inform the athlete's club.
13. The Malta Amateur Athletic Association will supply the official Record Certificates for presentation to the Record Holders.
14. If a record applied for is not ratified, the Malta Amateur Athletic Association will give reasons.
15. The Malta Amateur Athletic Association shall update the official List of Records every time a new Record has been ratified. This list shall represent the performances regarded by the Malta Amateur Athletic Association as being, from the date of the list, the best performances yet set by an athlete or team of athletes in each of the recognized events listed in Appendix A, B,C and D.
16. The Malta Amateur Athletic Association shall publish a list of records each year.
17. **MASTERS' RECORDS**
Master Men and Women refers to any athlete who has reached his/her 35th birthday.

Note (i): All other matters concerning Masters' competitions are referred to the IAAF/WMA Handbook approved by the IAAF and WMA Councils.

Note (ii): Eligibility, including minimum ages for participation in IAAF Competitions, shall be subject to the specific Technical Regulations.

An athlete shall be eligible to compete in an age group competition under these Rules if he is within the age range specified in the relevant age group classification. An athlete must be able to provide proof of his age through presentation of a valid passport or other form of evidence as permitted by the Regulations for the competition. An athlete who fails or refuses to provide such proof shall not be eligible to compete.

When a Record is set, the Club of whom the athlete is a member shall fill in and submit an application for a record on the official application form. The official application form shall be completed and dispatched to the General Secretary of the Malta Amateur Athletic Association within thirty days. The Form is available on the Association's website.

The Council of the Malta AAA may delegate the ratification and registration of Masters' records to a Committee or person appointed for this purpose.

APPENDICES: A; B; C; D; E; F; G; H (total: 8)

**Appendix A:
BEST PERFORMANCE RANKING LISTS
FOR UNDER-16 AND UNDER-14 ATHLETES**

1. Categories:

The Malta Amateur Athletic Association will maintain yearly Best Performance Ranking Lists for athletes in the following year groups:

- Under-16 as at 31st December
- Under-15 as at 31st December
- Under-14 as at 31st December
- Under-13 as at 31st December

The lists will include the all-time best performance in a particular event.

2. Events:

Events for which a yearly Best Performance Ranking list will be maintained are the following:

Under-14	Boys & Girls	100m, 300m, 600m, 1200m, 75m Hurdles (Boys), 70m Hurdles(Girls)	long jump, high jump, shot, discus, javelin Hammer
Under-16	Boys & Girls	100m, 200m, 400m, 800m, 1500m, 3000m, 80m Hurdles (Boys), 75m Hurdles(Girls),	Long Jump, High Jump, Discus , Shot, Javelin Hammer

The MAAA solely reserves the right to make additions to the above list.

3. Depth of Ranking Lists:

Ranking Lists will be 5 deep.

4. Publication of Lists:

The list will be published each year.

5. All-time Best performer: The year list for Under-16 and Under-14 will include the all-time best performer.

Appendix B: **Events for which Records are recognised**

FAT = Fully Automatically Timed performances
HT = Hand Timed performances

Men

100m (FAT)
200m (FAT)
400m (FAT)
800m (FAT)
1000m (FAT or HT)
1500m (FAT or HT)
1 Mile (FAT or HT)
2000m (FAT or HT)
3000m (FAT or HT)
5000m (FAT or HT)
10,000m (FAT or HT)
20,000m (FAT or HT)
1 Hour (FAT or HT)
25,000m (FAT or HT)
30,000m (FAT or HT)
110m hurdles (FAT)
400m hurdles (FAT)
3000m Steeplechase (FAT or HT)

High Jump
Pole Vault
Long Jump
Triple Jump

Shot Put
Discus Throw
Hammer Throw
Javelin Throw

Decathlon (FAT)

4x100m (FAT)
4x200m (FAT)
4x400m (FAT)
4x800m (FAT or HT)
4x1500m (FAT or HT)

10km Road (FAT or HT)
15km Road (FAT or HT)
20km Road (FAT or HT)
Half Marathon (FAT or HT)
25km Road (FAT or HT)
30km Road (FAT or HT)
Marathon (FAT or HT)
100km Road (FAT or HT)
Road Relay (IAAF Rule 260.28.g) (FAT or HT)

20,000m Walk (track) (FAT or HT)
30,000m Walk (track) (FAT or HT)
50,000m Walk (track) (FAT or HT)
20km Walk (road) (FAT or HT)
50km Walk (road) (FAT or HT)

Women

100m (FAT)
200m (FAT)
400m (FAT)
800m (FAT)
1000m (FAT or HT)
1500m (FAT or HT)
1 Mile (FAT or HT)
2000m (FAT or HT)
3000m (FAT or HT)
5000m (FAT or HT)
10,000m (FAT or HT)
20,000m (FAT or HT)
1 Hour (FAT or HT)
25,000m (FAT or HT)
30,000m (FAT or HT)
100m hurdles (FAT)
400m hurdles (FAT)
3000m Steeplechase (FAT or HT)

High Jump
Pole Vault
Long Jump
Triple Jump

Shot Put
Discus Throw
Hammer Throw
Javelin Throw

Heptathlon (FAT)
Decathlon (FAT)

4x100m (FAT)
4x200m (FAT)
4x400m (FAT)
4x800m (FAT or HT)

10km Road (FAT or HT)
15km Road (FAT or HT)
20km Road (FAT or HT)
Half Marathon (FAT or HT)
25km Road (FAT or HT)
30km Road (FAT or HT)
Marathon (FAT or HT)
100km Road (FAT or HT)
Road Relay (IAAF Rule 260.28.g) (FAT or HT)

10,000m Walk (track) (FAT or HT)
20,000m Walk (track) (FAT or HT)
20km Walk (road) (FAT or HT)

Appendix C: Events for which Indoor Records are recognised

FAT = Fully Automatically Timed performances
HT = Hand Timed performances

Men

50m (FAT)
60m (FAT)
200m (FAT)
400m (FAT)
800m (FAT)
1000m (FAT or HT)
1500m (FAT or HT)
1 Mile (FAT or HT) 3000m (FAT or HT)
5000m (FAT or HT)

50m hurdles (FAT) 60m hurdles (FAT)

High Jump Pole Vault Long Jump
Triple Jump

Shot Put Heptathlon (FAT)

4x200m (FAT)
4x400m (FAT)
4x800m (FAT or HT)

Women

50m (FAT)
60m (FAT)
200m (FAT)
400m (FAT)
800m (FAT)
1000m (FAT or HT)
1500m (FAT or HT)
1 Mile (FAT or HT)
3000m (FAT or HT)
5000m (FAT or HT)

50m hurdles (FAT)
60m hurdles (FAT)

High Jump
Pole Vault
Long Jump
Triple Jump

Shot Put

Pentathlon (FAT)

4x200m (FAT)
4x400m (FAT)
4x800m (FAT or HT)

Appendix D: Events for which Under 23 Area Records are recognised

FAT = Fully Automatically Timed performances
HT = Hand Timed performances

Under 23 Men

100m (FAT)
200m (FAT)
400m (FAT)
800m (FAT)
1000m (FAT or HT)
1500m (FAT or HT)
1 Mile (FAT or HT) 3000m
(FAT or HT)
5000m (FAT or HT)
10,000m (FAT or HT)
110m hurdles (FAT) 400m hurdles
(FAT)
3000m Steeplechase (FAT or HT)

High Jump Pole
Vault Long Jump
Triple Jump

Shot Put Discus Throw
Hammer Throw Javelin
Throw

Decathlon (FAT) 4x100m

(FAT)
4x400m (FAT)

10km Road (FAT or HT) 15km
Road (FAT or HT) 20km Road (FAT
or HT) Half Marathon (FAT or HT)
25km Road (FAT or HT) 30km
Road (FAT or HT) Marathon (FAT or
HT)

10,000m Walk (track) (FAT or HT) 20km
Walk (road) (FAT or HT) 50km Walk (road)
(FAT or HT)

Under 23 Women

100m (FAT)
200m (FAT)
400m (FAT)
800m (FAT)
1000m (FAT or HT)
1500m (FAT or HT)
1 Mile (FAT or HT)
3000m (FAT or HT)
5000m (FAT or HT)
10,000m (FAT or HT)
100m hurdles (FAT) 400m
hurdles (FAT)
3000m Steeplechase (FAT or HT)

High Jump
Pole Vault
Long Jump
Triple Jump

Shot Put Discus
Throw
Hammer Throw Javelin
Throw

Heptathlon (FAT) 4x100m

(FAT)
4x400m (FAT)

10km Road (FAT or HT)
15km Road (FAT or HT)
20km Road (FAT or HT) Half
Marathon (FAT or HT) 25km
Road (FAT or HT) 30km
Road (FAT or HT) Marathon
(FAT or HT)

10,000m Walk (track) (FAT or HT)
20km Walk (road) (FAT or HT)

Appendix E:

Events for which Under 20 Area Records are recognised

FAT = Fully Automatically Timed performances

HT = Hand Timed performances

+ = can be also ratified as junior record with senior equipment/implements

Junior Men

100m (FAT)
200m (FAT)
400m (FAT)
800m (FAT)
1000m (FAT or HT)
1500m (FAT or HT)
1 Mile (FAT or HT)
3000m (FAT or HT)
5000m (FAT or HT)
10,000m (FAT or HT)
110m hurdles (FAT)+
400m hurdles (FAT)
3000m Steeplechase (FAT or HT)

High Jump
Pole Vault
Long Jump
Triple Jump

Shot Put+
Discus Throw+
Hammer Throw+
Javelin Throw+

Decathlon+ (FAT)

4x100m (FAT)
4x400m (FAT)

10km Road (FAT or HT)

10,000m Walk (track) (FAT or HT)
10km Walk (road) (FAT or HT)

Junior Women

100m (FAT)
200m (FAT)
400m (FAT)
800m (FAT)
1000m (FAT or HT)
1500m (FAT or HT)
1 Mile (FAT or HT)
3000m (FAT or HT)
5000m (FAT or HT)
10,000m (FAT or HT)
100m hurdles (FAT)
400m hurdles (FAT)
3000m Steeplechase (FAT or HT)

High Jump
Pole Vault
Long Jump
Triple Jump

Shot Put
Discus Throw
Hammer Throw
Javelin Throw

Heptathlon (FAT)

4x100m (FAT)
4x400m (FAT)

10km Road (FAT or HT)

10,000m Walk (track) (FAT or HT)
10km Walk (road) (FAT or HT)

Appendix F:
Events for which Under 20 Indoor Records are recognised

FAT = Fully Automatically Timed performances

HT = Hand Timed performances

Men

60m (FAT)
200m (FAT)
400m (FAT)
800m (FAT)
1000m (FAT or HT)
1500m (FAT or HT)
1 mile (FAT or HT)
3000m (FAT or HT)
5000m (FAT or HT)

60m H (FAT)

High Jump
Pole Vault
Long Jump
Triple Jump

Shot Put

Heptathlon

Women

60m (FAT)
200m (FAT)
400m (FAT)
800m (FAT)
1000m (FAT or HT)
1500m (FAT or HT)
1 mile (FAT or HT)
3000m (FAT or HT)
5000m (FAT or HT)

60m H (FAT)

High Jump
Pole Vault
Long Jump
Triple Jump

Shot Put

Pentathlon

Appendix G:
Events for which U18 Area Records are recognised

FAT = Fully Automatically Timed performances
HT = HandTimed performances

Junior Men

100m (FAT)
200m (FAT)
400m (FAT)
800m (FAT)
1000m (FAT or HT)
1500m (FAT or HT)
1 Mile (FAT or HT)
3000m (FAT or HT)
110m hurdles (FAT)+
400m hurdles (FAT)
2000m Steeplechase (FAT or HT)

High Jump
Pole Vault
Long Jump
Triple Jump

Shot Put+
Discus Throw+
Hammer Throw+
Javelin Throw+

Decathlon+ (FAT)

4x100m (FAT)
4x400m (FAT)

10,000m Walk (track) (FAT or HT)
10km Walk (road) (FAT or HT)

Junior Women

100m (FAT)
200m (FAT)
400m (FAT)
800m (FAT)
1000m (FAT or HT)
1500m (FAT or HT)
1 Mile (FAT or HT)
3000m (FAT or HT)
100m hurdles (FAT)
400m hurdles (FAT)
2000m Steeplechase (FAT or HT)

High Jump
Pole Vault
Long Jump
Triple Jump

Shot Put
Discus Throw
Hammer Throw
Javelin Throw

Heptathlon (FAT)

4x100m (FAT)
4x400m (FAT)

5,000m Walk (track) (FAT or HT)
5km Walk (road) (FAT or HT)

**Appendix H:
THROWS SPECIFICATIONS**

MEN				
Aged 20+	Under 20	Under 18	Under 16	Under 14
SP 7.26k	SP 6.00k	SP 5.00k	SP 4.00k	SP 3.00k
DT 2.00k	DT 1.75k	DT 1.50k	DT 1.25k	DT 1.00k
HT 7.26k	HT 6.00k	HT 5.00k	HT 4.00k	HT 3.00K
JT 800g	JT 800g	JT 700g	JT 600g	JT 500g

WOMEN				
Aged 20+	Under 20	Under 18	Under 16	Under 14
SP 4.00k	SP 4.00k	SP 4.00k	SP 3.00k	SP 2.00k
DT 1.00k	DT 1.00k	DT 1.00k	DT 1.00k	DT 0.75k
HT 4.00k	HT 4.00k	HT 4.00k	HT 3.00k	HT 2.00k
JT 600g	JT 600g	JT 600g	JT 500g	JT 400g