



Championships of the Small States of Europe  
**LIECHTENSTEIN 2018**

## Disciplines and Entry Standards

### Women

100 m	<b>12.40</b>
200 m	<b>25.30</b>
400 m	<b>58.10</b>
800 m	<b>2:15.00</b>
3000 m	<b>10:00.00</b>
100m Hurdles	<b>14.95</b>
Long Jump	<b>5,60</b>
High Jump	<b>1,70</b>
Shot Put	<b>12,80</b>
Discus Throw	<b>50,00</b>

### Men

100 m	<b>10.80</b>
200 m	<b>22.10</b>
400 m	<b>49.30</b>
800 m	<b>1:54.40</b>
3000 m	<b>8:30.00</b>
110 m Hurdles	<b>14:90</b>
Long Jump	<b>6,90</b>
High Jump	<b>2,00</b>
Shot Put	<b>16,60</b>
Discus Throw	<b>51,50</b>



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Postadresse: Liechtensteiner Leichtathletikverband LLV · Postfach 322 · FL-9491 Ruggell

Büroadresse: Sportplatz Rheinwiese · FL-9494 Schaan · [www.athletics.li](http://www.athletics.li)

[www.csse2018.li](http://www.csse2018.li)