

<b>MAAA CLUBS' LEAGUE 2016</b> <b>(Men Open, Women Open, Men Youths)</b>
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**DATES**

The MAAA will be organising the 2016 Clubs' League over **three** meetings which will be held on the following days:

Mar	Sat	23	Clubs' League 1
Jul	Sat	6	Clubs' League 2
Jul	Wed	20	Clubs' League 3

**COMPETITION RULES**

Clubs are reminded that they may enter **ANY** number of athletes in each event. A full set of competition rules are included in the section 'Competition Rules'.

**CATEGORIES**

This year's MAAA Clubs' League will have standings for three categories. These are the following:

- Men Open - born 2000 or before
- Men Youths - born 2001,2002
- Women Open - born 2003 or before

**EVENTS**

**A. Men's Clubs' League**

The Men Open Clubs' League will be organised over three days. On each day of competition there will be the following events:

*Track: 100m, 200m, 400m, 800m, 1500m, 5000m, 4x100m*

*Field: Long Jump, Triple Jump, High Jump, Shot, Javelin, Discus*

**B. Women's Clubs' League**

The Women's Clubs' League will be organised over three days. On each day of competition there will be the following events:

*Track: 100m, 200m, 400m, 800m, 1500m, 5000m, 4x100m*

*Field: Long Jump, Triple Jump, High Jump, Shot, Javelin, Discus*

**C. Men Youths Clubs' League**

The Men Youths Clubs' League will be organised over 3 days and on each day will consist of 5 events that will be a Sprint, a Middle-Distance event, a Jump, a Throw and a Relay.

The full schedule of events is the following:

Day 1: 100m, 800m, Shot, Long Jump, 4x100m

Day 2: 200m, 1500m, Discus, High Jump, 4x100m

Day 3: 400m, 3000m, Javelin, Triple Jump, 4x100m

## ENTRY-FEES

- 12 Euros - Men's Team
- 12 Euros - Women's Team
- 7 Euros - Men Youths' Team

## PRIZES

- a. First three teams

## NUMBERS

Athletes will compete with the number given to them for in previous 2015 / 2016 MAAA Competitions.

# COMPETITION RULES

### 1. ELIGIBILITY

- A. The competition is open to all affiliated clubs.
- B. All athletes taking part must be duly registered with the Malta AAA.
- C. Names of all athletes taking part must be entered on the Entry Sheet.
- D. Men: born 2000 or before.
- E. Women: born 2002 or before.
- F. Men Youths: born 2001, 2002

### 2. ENTRIES

- A. A club may enter **ANY** number of athletes in each event.
- B. On each day an athlete can take part in a maximum of 2 events and relay.
- C. An Entry Sheet listing all athletes taking part is to be submitted TWO DAYS before each Clubs' League competition day. Entries are to be submitted through Team Manager to: [ant.fava47@gmail.com](mailto:ant.fava47@gmail.com)
- D. In the Men's and Women's Clubs' league an athlete does not have to stick to the same events for the whole league.

### 3. SCORING

- A. **Eligible Scorers:** Each athlete who has been duly entered for competition is eligible to score points for his club. A club can in the Open Clubs' League have a **maximum of 12 scoring athletes** in the individual events and a **minimum of one scoring athlete** in the individual events.
- B. **Actual Scorers:** In each event, ONLY the top-placed athlete of each club will score points.
- C. **Scoring Formula:** Points will be distributed on the following formula:
  - {X= number of teams taking part}
  - 1<sup>st</sup> - X points
  - 2<sup>nd</sup> - X -1 point

3<sup>rd</sup> - X - 2 points

4<sup>th</sup> - X - 3 points

... and so on until the last team gets a point.

- D. **Athletes taking part in more than two events**: Where it is found that an athlete has taken part in more than two individual events at the same meeting, his/her team will forfeit the points from the event/ events for which he/she achieved the highest points. **Clubs that do not adhere to this rule will be fined 12 Euros for each infringement.**
- E. **Clubs' League Winner**: The points which each team obtains at each meeting will be added together, and the team which obtains the highest aggregate at the end will be declared the winner.
- F. **Ties**: In case of a tie, the winner will be the team which has won the most meetings. If the tie still remains the team which has won the most first places throughout the whole competition will be the winner.
- G. **Men's and Womens' Clubs' League**: The Men's and Women's Clubs' League are separate competitions.
- H. **Races run in lanes**: Athletes competing in Races run in lanes will be seeded according to Seasonal Best and not according to club affiliation.
- I. **Races not run in lanes (including the 800m)** - If in Races not run in lanes (including the 800m) the number of athletes exceeds the following: 800m -12; 1500m - 15; 5000m – 15, the appropriate referee will use his / her discretion to decide whether to have more than one series for each race. If the referee decides in favour of MORE THAN ONE RACE the athletes will be seeded according to Seasonal Best and not Club Affiliation.
- J. **Loss of Eligibility to Score Points (Track)**: In the event that an athlete gives up, is disqualified, or fails to compete in an event, the athlete loses his / her eligibility to score points.
- K. **One athlete in Track event**: If only one athlete presents himself / herself to take part in a Track event, the event will not be held, but his / her team will still be awarded maximum points.
- L. **Mixed Races**: In the 5000m, women will be allowed to run with men unless otherwise requested or if the appropriate referee decides otherwise in view of the number of entries. In the 1500m and 800m the appropriate referee may decide to combine the men's and women's races.
- M. **Throwing Implements**: Implements used for the throwing events in the Men and Women's Open Clubs' League will be those used for the Senior category.

- N. **Number of Jumps / Throws**: In the throws and in the horizontal jumps, athletes in the Open Clubs' League will be allowed FOUR attempts; in the Youths Clubs' League athletes will be allowed three attempts.
  
- O. **Loss of Eligibility to Score Points (Field)**: Jumpers and throwers who do not succeed to register a height or distance will not be eligible for scoring.
  
- P. **Protests**: Protests must be registered with the Secretary of the Malta Amateur Athletic Association within 24 hours of the end of the meeting.

**MAAA 2016 CLUBS' LEAGUE**  
**PROGRAMME OF EVENTS - Saturday 23 March 2016**  
**1st Day**

TIME	TRACK	JUMPS	THROWS
01:30		Triple Jump Men / Women	Discus Men / Women
02:00	800m men		
02:05	800m men youths		
02:10	800m women		
02:15		High Jump Men / Women	
02:20	100m men		
02:30	100m women		
02:40	100m men youths		
03:00	1500m men		Javelin Men / Women
03:10	1500m women		
03:25	400m men		
03:30	400m women	Long Jump Men / Women Long Jump Men Youths	
03:40	200m men		
03:45	200m women		
03:55	5000m men / women		Shot Men / Shot Women Shot Men Youths
04:20	4x100 relay men		
04:30	4x100 relay youths men		
04:40	4x100 relay women		

**NUMBER OF JUMPS / THROWS:** In the throws and in the horizontal jumps, athletes in the Open Clubs' League will be allowed **FOUR** attempts; in the Youths Clubs' League athletes will be allowed **THREE** attempts.