

MALTA AMATEUR ATHLETIC ASSOCIATION
2016 Championships of the Small States of Europe

Date: 11 June 2016 (1 day event)

Venue Marsa, MALTA
 Matthew Micallef St. John Stadium

Participating Federations AASSE FEDERATIONS
 Andorra, Cyprus, Gibraltar, Iceland, Liechtenstein, Luxembourg, Malta, Monaco, Montenegro, San Marino.

OTHER EUROPEAN FEDERATIONS
 Albania, Armenia, Azerbaijan, Bosnia and Herzegovina, Georgia, Kosovo, Moldova, FYI Macedonia.

Events and Standards	WOMEN	MEN	
	100m	12.40	100m 10.80
	200m	25.30	200m 22.10
	400m	58.10	400m 49.30
	800m	2:15.00	800m 01:54.40
	3000m	10:00.00	3000m 08:30.00
	100m Hurdles	14.95	110m Hurdles 14.90
	Long Jump	5.60	Long Jump 6.90
	High Jump	1.70	High Jump 2.00
	Discus Throw	50.00	Discus Throw 51.50
	Hammer Throw	58.00	Shot Put 16.60
	Swedish Relay (1000m)		Swedish Relay(1000m)

Entry standards and events were determined by European Athletics according to an analysis of the performances of the participating countries in 2015.



4. Event format - Participation

- Each selected European Athletics Member Federation may enter up to 2(two) athletes in each individual event provided all of them shall have achieved the qualifying standard, to a maximum of 26 athletes in total (including the relays).
- Alternatively Member Federations that have in total less than two women and two men, having achieved the qualifying standard in any event, still have the right to participate with up to 4 athletes(two women and two men).

5. Individual Titles

- The winner of each event shall be declared the “2016 Small States Champion;
- The winner, second placed and third placed in each event of the programme shall receive gold, silver and bronze medals respectively.
- Highest IAAF points award: Men and Women.

6. Team Scoring

- For first place 8 points, 2nd 7points, 3rd 6points and so on;
- Only one athlete per country counts in the scoring;
- The team with the highest score will be declared “The 2016 Team Champions of the Small States 2016”;

